



Please also consult our HD Video as a support to successfully take your capillary blood sample
<http://tinyurl.com/BloodCollectionUK>

Quick start – RIDASCREEN® Foodscreen Blood Collection Kit


Capillary blood collection kit
for an IgG food allergy test

General information


- Do not perform this test if you are taking blood thinning medications or if you have a blood clotting disorder unless supervised by your therapist.
- If someone helps you with the blood withdrawal, the person should wear protective disposables gloves (not included).
- The lancets provided are single-use safety lancets. Once a puncture is made on the skin, the needle is automatically retracted into the safety lancet for easy disposal thereafter.
- The lancets have a needle depth of 2.0 mm. Caution is advised for use on young children who may have an insufficient finger-surface-to-bone/cartilage depth. Use may result in injury and infection. Consult your therapist.
- The lancet is not suggested for use on children younger than one year.
- Blood samples should not be collected from swollen or previously punctured sites, earlobe or fifth finger.
- Keep away from children.


Intended use

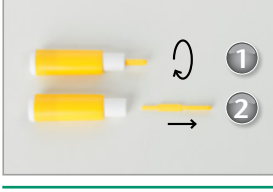
- This collection kit is intended to be used as a medium to collect and transport a blood specimen to the laboratory.
- The laboratory must receive your specimen within two weeks from the date of collection.


1  **Content:**


- Instructions
- Blood Collection Card
- Lancetts
- Plasters
- Alcohol swabs


2  Stimulate blood circulation: Drink water, move arms, wash hands in hot water.


3  Lable the card (first name, last name and date of blood collection). Do not use liquid ink pen!


4  1. Twist off the yellow cap from one of the lancets.
2. Pull it straight out.

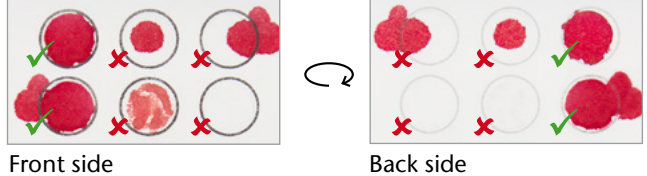
5  Clean the finger with the provided alcohol swab and let your finger dry.

6  Position the lancet on the side of your ring finger. Press down against the puncture site.

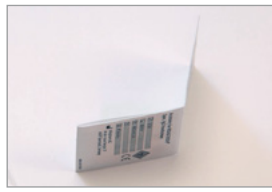
7  Massage the entire length of the finger to allow for a large drop of blood.


8  Let the blood drop touch the card and soak into the card.

9  Fill at least 4 circles completely. Check that the circles are filled correctly.
✓ correct ✗ incorrect
The backside needs to be soaked throughout with blood.



Front side Back side

10  Let the card air-dry overnight at room temperature. Once the card is dry, fold the card and place it in the plastic bag with desiccant.

11  Put the plastic bag with the blood collection card and the completed laboratory forms in the envelope, seal it and mail it to the laboratory.